



PRESCHOOL "A" CURRICULUM (JUNIOR PRESCHOOL)

The following Preschool Curriculum is implemented in the Preschool A Program. Polka Dot Preschool's program encourages a higher level in some areas and will include additional activities.

SHAPES

- Circle
- Square
- Triangle
- Heart
- Oval
- Diamond
- Star

COLOURS

- Red
- Brown
- Yellow
- Blue
- Green
- Purple
- Orange
- Black
- White
- Pink

ALPHABET

- Reciting and Recognition of Upper Case Letters

CONCEPTS

These are incorporated through fine motor, cognitive & sensory activities, dramatic play, circle time and free activity time. The following concepts will be included:

- ✚ Name recognition
- ✚ Matching of colours, shapes, numbers, pictures & objects
- ✚ Size graduation: small to large, small-medium-large, large to small
- ✚ Following direction and listening skills
- ✚ Sorting: by size, colour & category
- ✚ Sequencing
- ✚ Printing of first name
- ✚ Feeling recognition
- ✚ Opposites – difference
- ✚ Daily calendar – seasons, months, days & numbers

MATH

- Counting to 1-20
- Recognizing 1-10
- Sorting by weight, size and colour
- Sequencing by colour, shape and object

LANGUAGE

- Alphabet – reciting and recognizing letters and order of letters
- Recognition and spelling of their name
- Tracing of letters
- Every day stories are read to the children
- Daily Calendar – seasons, months, days & numbers
- During circle times the children have the opportunity to answer questions and sing songs increasing their language development

ART, MUSIC & MOVEMENT

- Finger painting
- Playdough
- Cut & paste
- Mixing colours
- Using different materials to make their own art expressions
- Window art
- Paper mache'
- Pastels
- Water colours
- Crayons
- Gluing
- Stamping
- Lots more.....

SCIENCE & SENSORY

Every week the sensory table is changed to incorporate the different themes and different textures:

- Different colours of sand
- Play pellets
- Rice
- Jello
- Coloured water
- Leaves
- Cooking activities
- Nature exploration
- Goop
- Playdough
- Lots more....

Please note that the teachers do a lot more activities and programming with the children and the curriculum is a guideline of what preschool children should know.